Child Abuse Prevention Center

Video Transcript

I had a case recently – a woman named Rachel, a mother of two children, was in a violent relationship. She was depressed. She was frustrated, and out of work, she would take out her stress on her children, often yelling at them rather than approaching them with healthy discipline. As a result, her children Hannah who was eight and Thomas who was four, began to act out by fighting and getting into trouble at school.

I visited the family and was able to provide them with support. I connected them to health insurance, speech therapy, and individual counseling. We enrolled Rachel in our parent education program Parent to Parent and that helped Rachel to learn positive discipline and healthy communication with her kids. Within just a few months of working with Rachel and her family they have completely transformed. Rachel has ended her abusive relationship and has learned to cope with the trauma of past abuse. And her parenting skills have improved. With Hannah and Thomas now spending more quality time with Rachel and receiving positive discipline, their academic performance and behavior at school have improved tremendously. Rachel is also currently enrolled in nursing school in hopes of building a better future for her children.